

Epidural and Spinal Analgesia



This course is designed for registered midwives who want to refresh their knowledge about the management of epidural and spinal analgesia for labour and birth.

Course Overview

Childbirth is an extraordinary and challenging life event which profoundly influences a woman's physical, social and emotional well-being.

The care, information and emotional support that the midwife offers the labouring woman and her chosen companions can set the scene to protect the woman's physical well-being and nurture her emotional strengths as she becomes a mother.

In this course we describe the assessment and procedures involved in providing the woman with epidural and/or spinal analgesia during labour and birth, as well as ongoing care once the baby has been born.

Completing this course will re-enforce your knowledge in how to manage epidural and/or spinal analgesia.

CPD:

This course has been recognised by the ACM for 3 CPD hours, which is equivalent to the course duration.

Course Access:

All users are provided with 12 months access from the date of their enrolment.

Epidural and Spinal Analgesia

Module 1: Epidural and spinal analgesia for chilbrith

- List the possible indications and contraindications of an epidural.
- Describe the difference between an epidural, spinal and spinal/epidural anaesthesia.

Module 2: Evidence

- Discuss the research evidence about the impact of an epidural on labour and birth, for both mother and baby.

Module 3: Siting an Epidural

- Describe how an epidural is sited.
- Discuss the midwife's role and responsibilities during and after the procedure.

Module 4: Epidural Top-Ups

- Describe how an epidural top-up is administered.
- Discuss the midwife's role and responsibilities during and following an epidural top-up.

Module 5: Care of Woman in Labour

- List the side-effects and how they are managed.
- Discuss the care of a woman who has an epidural during the first stage of labour.

Module 6: Care of Woman in Second Stage of Labour

- Discuss the care of a woman who has an epidural during the second stage of labour and birth.

Module 7: Care of Mother and Baby Following Birth

- Discuss the care of a woman in the post natal period who has had epidural for labour and birth.
- Describe how to safely remove an epidural cannula.