Epidural and Spinal Analgesia

This course is designed for registered midwives who want to refresh their knowledge about the management of epidural and spinal analgesia for labour and birth.

CPD:
This course has been recognised by the ACM for 3 CPD hours, which is equivalent to the course duration.

Price:
$66.00 for ACM members
$132.00 for non-members

Course Access:
All users are provided with 12 months access from the date of their enrolment.

Enrol today by purchasing access to this course via the ACM Shop, https://www.midwives.org.au/shop.

Course Overview

Childbirth is an extraordinary and challenging life event which profoundly influences a woman’s physical, social and emotional well-being.

The care, information and emotional support that the midwife offers the labouring woman and her chosen companions can set the scene to protect the woman’s physical well-being and nurture her emotional strengths as she becomes a mother.

In this course we describe the assessment and procedures involved in providing the woman with epidural and/or spinal analgesia during labour and birth, as well as ongoing care once the baby has been born.

Completing this course will re-enforce your knowledge in how to manage epidural and/or spinal analgesia.
Module 1: Epidural and spinal analgesia for childbirth
- List the possible indications and contraindications of an epidural.
- Describe the difference between an epidural, spinal and spinal/epidural anaesthesia.

Module 2: Evidence
- Discuss the research evidence about the impact of an epidural on labour and birth, for both mother and baby.

Module 3: Siting an Epidural
- Describe how an epidural is sited.
- Discuss the midwife’s role and responsibilities during and after the procedure.

Module 4: Epidural Top-Ups
- Describe how an epidural top-up is administered.
- Discuss the midwife’s role and responsibilities during and following an epidural top-up.

Module 5: Care of Woman in Labour
- List the side-effects and how they are managed.
- Discuss the care of a woman who has an epidural during the first stage of labour.

Module 6: Care of Woman in Second Stage of Labour
- Discuss the care of a woman who has an epidural during the second stage of labour and birth.

Module 7: Care of Mother and Baby Following Birth
- Discuss the care of a woman in the post natal period who has had epidural for labour and birth.
- Describe how to safely remove an epidural cannula.