

Dehydration Management



Course Overview

This course is provided by the Australian College of Midwives in consultation with the Hydration Pharmaceuticals Trust.

In this course we describe the considerations and concerns you may have in caring for women with dehydration during pregnancy.

Completing this course will reinforce your knowledge and skills to confidently manage dehydration in pregnancy as well as helping to educate women about how to prevent dehydration from occurring.

This course is designed for qualified midwives who want to refresh their knowledge about the causes, risks, prevention and treatment of dehydration.

CPD:

This course has been recognised by the ACM for 8 CPD hours, which is equivalent to the course duration.

Course Access:

All users are provided with 12 months access from the date of their enrolment.

Dehydration Management

Module 1: The Physiology and Pathophysiology of Dehydration

- discuss the pathophysiology of dehydration and fluid regulation in the body.
- identify the major causes and risks of dehydration during the antenatal, labour and postnatal stages
- recognise the importance of maintaining an adequate hydration status when working as a midwife
- describe treatment and preventive measures for dehydration

Module 2: Dehydration in Pregnancy, Labour and Postnatal

- identify the major causes and risks of dehydration during antenatal, labour and postnatal periods.
- recognise the importance of maintaining an adequate hydration status when working as midwife.
- discuss the pathophysiology of dehydration and fluid regulation in the body
- describe treatment and preventive measures for dehydration

Module 3: Measures for Managing and Preventing Dehydration

- describe treatment and preventive measures for dehydration

Assessments include:

- Reflective Practice – templates provided
- Reflection exercise
- Case studies
- Quiz