

# Women Want to Know: Pregnancy & Alcohol

This course is designed for midwives who want to refresh their knowledge on how to advise women about alcohol in pregnancy and whilst breastfeeding.



## Course Content:

- The effects of alcohol consumption during pregnancy;
- The effects of alcohol consumption when breastfeeding;
- What women want to know about alcohol and pregnancy and facilitating discussions about alcohol consumption with women;
- Assessing a woman's alcohol consumption & what advice to provide
- Dealing with complex presentations and referral.

## CPD:

This course has been recognised by the ACM for **3 CPD hours**, which is equivalent to the course duration.

## Enrolment Fees:

**FREE** for both ACM members and non-members

## Course Access:

All users are provided with 12 months access from the date of their enrolment.

## How to enrol:

The WWTK: Pregnancy & Alcohol course is open for self-enrolment. Visit Midwives Learn at <http://learn.midwives.org.au> to enrol today!

## Course Overview

This course is an essential component of the 'Women Want to Know' project, which was developed by the Foundation for Alcohol Research and Education (FARE) in collaboration with leading health professional bodies across Australia.

The 'Women Want to Know' project is supported by funding from the Australian Government Department of Health and aims to encourage health professionals to routinely discuss alcohol and pregnancy with women, and to provide advice that is consistent with the National Health and Medical Research Council's Australian Guidelines to Reduce Health Risks from Drinking Alcohol.